



T4T Overview and Schedule

Please note that this is a standard schedule. Scheduling may be adjusted at the discretion of your instructor.

Day 1 (on-site)

- 0815–0840** **Part 01a: Candidate introductions**
Trainer candidates and instructor meet for brief introductions and an overview of the next two days.
- 0845-1215** **Part 01b: Participate in and observe an actual *safeTALK***
Community participants arrive and join trainer candidates to participate in and experience a standard community *safeTALK* workshop.
- 1215-1230** Participants depart, candidates and instructor experience a short and general debrief of the morning demonstration with the Community Support Resource before the CSR departs the workshop.
- 1230–1315** **Lunch** (provided at the training site)
- 1315-1600** **Part 02a: Candidate reflections, review of the trainer manual, questions, and clarifications**

Part 02b: Preparation (for first or second half assigned) and self-directed study
Each *safeTALK Trainer Candidate* will be notified of the half of *safeTALK* that they are to prepare to present.

Part 02c: Candidates spend the evening in self-study/preparation for task presentations the next day
Candidates may use the *safeTALK T4T Study Guide* to enhance their understanding of *safeTALK*.

Day 2 (on-site)

- 0830–1230** **Part 1: Meeting, experiencing and integrating**
Candidates will debrief their evening study and participate in a read-through/talk-through of *safeTALK*. Candidates will begin to integrate what they experienced from a participant's perspective with what they have learned about the training process.

1230-1300 **Lunch** (provided at the training site)

1300-1530 **Part 2: Presenting, participating and discussing**

Each candidate demonstrates a part of the half of *safeTALK* they were assigned just as if they were presenting it in an actual *safeTALK* training. Other candidates will act as if they are participants during the demonstration. Each candidate provides a brief overview of the purpose of that part and answers such questions as:

1. What might the participants be thinking and feeling when they participate in or hear this part? How are the Core Beliefs reflected in this part?
2. Why does a particular part occur here within *safeTALK*?
3. How does this part of *safeTALK* fit with or illustrate any of the Beliefs Trainers Have About *safeTALK* found in the *Essential Information for safeTALK Trainer Candidates*?
4. What did I discover about learning to present this part that would be helpful to share with my fellow candidates?

1530-1615 **Part 3: Individual candidate feedback**

A brief discussion with the instructor regarding recommendations for candidate readiness. The instructor may recommend that a candidate share their first workshop(s) with another trainer or receive support from an experienced trainer.

1615–1700 **Part 4: Reviewing, planning, and goodbyes**

A look back and a look forward to a new trainer's first *safeTALK* presentation, including some tips on implementation, use of technology, and policies and procedures that all *safeTALK* trainers are expected to follow. *safeTALK Trainer Agreements* will be reviewed and signed. Starter *safeTALK* participant resource materials—if applicable—will be distributed.

Post-T4T

Preparation: Reading, preparing and considering

Self-organized, from the end of the T4T until the new trainer's first *safeTALK* training.