

Lotus Educational Services, Inc.

INCREASE YOUR AWARENESS...SAVE A LIFE

FREE TO ANYONE WHO LIVES OR WORKS IN SHASTA COUNTY

(Each training is limited to the first 30 registrants)



Applied Suicide Intervention Skills Training (ASIST)



Developed by LivingWorks Education, ASIST is the world's leading suicide intervention training and certification course.

Trusted by professionals yet learnable by anyone, it is the only workshop of its kind.

Updated continually to reflect new knowledge, this **2-day training** has been empowering people to provide skilled, life-saving interventions for over 35 years.

You'll learn how you can do your part in reducing the risk of imminent death using evidence-based skills.

Suicide Alertness For Everyone safeTALK



safeTALK is an evidence-based, **half-day training in suicide alertness and prevention.**

Learn to recognize a person with thoughts of suicide and connect them with resources who can help them in choosing to live.

You don't need any formal preparation to attend the training—anyone age 15 or older who wants to make a difference can learn the safeTALK steps:

Tell Ask Listen Keep Safe

Marcia Ramstrom, Trainer

MarciaR@LotusEducationalServices.com
530-440-6033



Back by popular demand!

Lotus, in partnership with Shasta County, is providing these fully-funded (FREE) trainings in Suicide Prevention (safeTALK) & Suicide Intervention (ASIST).

Wondering why you need these trainings? Check out the recently-released **National Strategy for Suicide Prevention and the 2024 Shasta County Suicide Prevention Strategic Plan.**

safeTALK Suicide Prevention

Friday, August 23, 2024

8:30 AM - 12:30 PM

Shasta College

Downtown Campus, RM 8220

1400 Market St., Redding, CA

ASIST Suicide Intervention

October 10 & 11, 2024

8:00 AM - 4:00 PM

Shasta College

Downtown Campus, RM 8220

1400 Market St., Redding, CA

To register, email or call

Sydney Stinger (530) 229-8426

sstinger@shastacounty.gov



Training provided by Marcia Ramstrom, Lotus Educational Services, Inc. in partnership with Shasta County HHSA. Funding for this event is provided through the Mental Health Services Act.