



TAMMY WHELEN
MENTAL HEALTH
EDUCATOR

December 5-6, 2024

9:00am - 5:00pm

3850 Lakeshore Blvd. W.
Etobicoke, ON



LIVINGWORKS

ASIST

LivingWorks ASIST is a two-day in-person workshop featuring powerful audiovisuals, discussions, and simulations. At a LivingWorks ASIST workshop, you'll learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive. Two knowledgeable, supportive trainers will guide you through the course, ensuring your comfort and safety.

Participants must attend both full days in order to receive a workshop certificate.

\$250 + HST

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