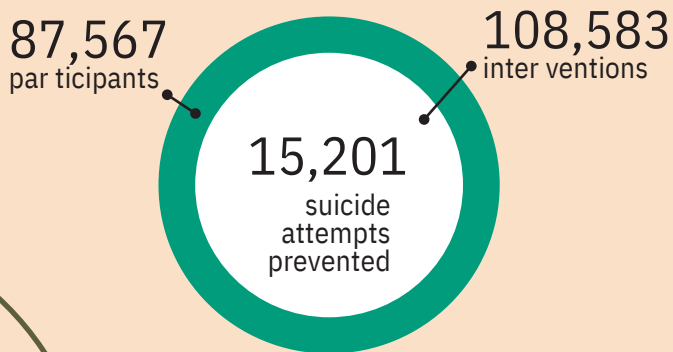




LEARN THE SKILLS TO HELP SAVE A LIFE

SUICIDE IS PREVENTABLE. ANYONE CAN MAKE A DIFFERENCE.

ASIST IMPACT



ASIST WORKS

Studies show that ASIST participants gain:

- ✓ Knowledge about suicide
- ✓ Skills to reach out
- ✓ Confidence to help save a life

ASIST is cost-effective

50 : 1

return on investment in decreasing long-term costs of suicide (2015 study)

Asist Workshop

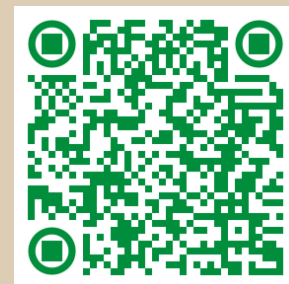
April 6th-7th, 8 am-4PM

Recovery Empowerment Network
212 E Osborn Road, Phoenix 85012

Cost \$200

To Register Scan the QR code below

For inquiries Please call 602-828-0389
or email cthomas@renaz.org



ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study):

- 35% more hopeful
- 31% less depressed
- 46% less overwhelmed
- 74% less suicidal