



# ASIST

(Applied Suicide Intervention Skills Training)

**April 10 & 11, 2024 8:00 AM - 4:00 PM**  
**Macomb ISD 44001 Garfield Rd.**  
**Clinton Township, MI 48038**

## ABOUT THIS TRAINING

ASIST is a two-day interactive workshop in suicide first aid. Skills learned in one environment are transferable to others, creating a life-saving impact across the community.

Help is possible when skills, opportunity, and safety are present. When these are available throughout the different facets of someone's life, they're more likely to receive help.

- ◆ Live instruction, audiovisuals, and simulation
- ◆ Trusted by professionals yet learnable by anyone
- ◆ Built-in safety resources and features

## Who Should Attend

Anyone can experience thoughts of suicide. By giving participants the skills to help friends, family members, colleagues, and clients stay alive, ASIST supports suicide-safer communities. Although ASIST is widely used by healthcare providers, no formal training is needed to attend the workshop. Anyone 15 or older can learn and use the model.

## Learning Goals & Objectives

Over the course of the two-day workshop, participants will learn to:

- ◆ Understand the ways that personal and societal attitudes affect views on suicide and interventions
- ◆ Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
- ◆ Identify the key elements of an effective suicide safety plan and the actions required to implement it
- ◆ Appreciate the value of improving and integrating suicide prevention resources in the community at large
- ◆ Recognize other important aspects of suicide prevention

## HOW TO REGISTER

**Non-Refundable Registration Fee:**

**Macomb County - \$50.00**

**Out of County - \$100.00**

**Seat limit: 30**

**Online registration available:**

<https://events.misd.net/public/Course/browse?courseid=10308>

**Questions?** Crystal Birchall, 586-228-3519

## About the Trainers

### Nancy Buyle

Nancy Buyle, is the School Safety & Student Assistance Consultant for the Macomb ISD. For the past 35 years, she has dedicated her life to advocating for suicide prevention and aftercare both locally and statewide. Nancy is a certified trainer for the following LivingWorks programs: ASIST, safeTALK and Suicide Awareness.

### Sara Orris

Sara Orris is the School Health Coordinator and McKinney Vento Consultant for the Macomb ISD. She is certified as an instructor for the Michigan Model for Health and the LivingWorks programs ASIST and safeTALK.

## AGENDA (Both Days)

8:00 am	Registration and Light Breakfast
8:30 am	Training
12:30 pm	Lunch
1:30 pm	Training
3:45 pm (Day 2)	Training Evaluations, Sign Out, Award Certificates

*Breaks will be given at a time to be determined by the trainers.  
Must be at training 2 full days; no exceptions due to the content of the training.*

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### Special Accommodations:

Please let us know at least 3 days in advance if you are in need of any special accommodations such as mobility assistance, interpreters and we will make every effort to honor your special needs request.

### Continuing Education Credits

\$10 Fee

■ Social Work (13.5 CE's) ■ SCECH (11 CE's)

### Certificates

Certificates will be awarded at the end of the session. Attendees spending excessive time out of the room or engaging in activities not associated with the training (as determined by the trainers) may not receive credit. No partial credit will be given.



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**This course is approved by the Michigan Social Work Continuing Education Collaborative.**

*LivingWorks Educator is a suicide intervention training company that trains community helpers of all kinds to financial discipline, innovation, and determination of any private sector business to achieve its mission.*

