



# safeTALK

*suicide alertness for everyone*

Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

This 3.5 hour training can help you make a difference.

## Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided—leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.

## Who should attend safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, veterans, clergy, volunteers, parents, youth\*, teachers, law enforcement—anyone who wants to help prevent suicide.

safeTALK is evidence based, brief, affordable and internationally recognized. It is available for anyone age 15 and older.

**WHEN:** Saturday, 3 June

**WHERE:** American Legion Post 92 Stanwood, WA (26921 88<sup>th</sup> Ave NW Stanwood, WA)

**TIME:** 0900-1230

**Cost:** \$15 donation to cover cost of training materials

**Pre-Registration Encouraged.** Pre-Register by emailing [Post92Chaplain@gmail.com](mailto:Post92Chaplain@gmail.com)

*For more information about safeTALK and other suicide prevention and intervention training, visit [www.livingworks.net](http://www.livingworks.net)*