EXAMPLE A SIST Learn the skills. Help Save a Life.

Applied Suicide Intervention Skills Training



Two-Day Certification Workshop

Suicide is preventable. Anyone can make a difference.

- Two-day workshop on suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

CEUS available¹ 2023 JUNE 5th & 6th 8:30am - 4:30PM

Plumas Rural Services Susanville Mall 805 Main St, Ste. D Susanville, CA 96130

Register online: https://ASISTLassen.eventbrite.com

ASIST CHANGES LIVES

ASIST Works

Studies show that participants gain confidence:

- ✓ Knowledge about suicide
- Skills to reach out
- Confidence to help save a life

FREE to those residing or working in Lassen, Modoc, Plumas or Sierra Counties.

COST \$100

Materials & Light Refreshments Provided

Full attendance on both days required for certificate. Must be 16yrs or older to attend.



For further information contact: Dana Nowling dnowling@plumasruralservices.org 530-283-2735 x856

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