



SafeTALK

March 7, 2023 | 12:15 pm – 5 pm

Sunset Building | 4077 SW Research Way | Corvallis, OR

SAFETALK - Suicide Alertness For Everyone - trains participants to become alert helpers who can recognize individuals with thoughts of suicide, engage them in direct and open talk about suicide, and quickly connect them with someone who can do a more in-depth suicide intervention. Recognized in SAMHSA's and the Suicide Prevention Resource Center's national registry of best practices, this training meets a portion of [Oregon House Bill 2315](#) requirements for suicide-specific continuing education for mental health professionals. Although many professionals use SafeTALK, anyone 15 or older can learn these life-saving skills and is welcome to attend.

FREE LUNCH & REGISTRATION - This **FREE training** (\$95 value) is being sponsored by **Benton County Health Department**. Register at inciteforchange.org/events.

WHAT YOU GET

- ▷ Skills to recognize warning signs of individuals with thoughts of suicide
- ▷ A framework for how to effectively engage a person with thoughts of suicide
- ▷ Opportunities to practice connecting a person with thoughts of suicide to someone who can provide a suicide intervention
- ▷ Training workbook, learning aids, and localized resources
- ▷ Certificate of completion
- ▷ 3.5 CEs through the Oregon NASW Chapter

INCITE AGENCY FOR CHANGE co-founders, Michelle Bangen & Charlette Lumby are seasoned, engaging presenters with a combined three decades of experience in injury and violence prevention and health promotion. Our goal is to help prepare individuals to respond in both a professional and personal capacity, supporting students, clients, family, friends, and anyone who may be at risk for suicide. This team can assist with training, technical assistance, and professional development needs as certified trainers of several high-fidelity suicide prevention trainings with expertise in a wide-range of public health topics.



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**Benton
County**
HEALTH DEPARTMENT