



Training Division
323 N. Prairie Ave., Suite 430
Inglewood, CA 90301

Continuing Education Seminar

Date & Time:	November 13 & 14, 2024 (8:00 AM - 4:30 PM) <i>For a complete course schedule, please e-mail Giselle Collins, Training Director at GCollins@didihirsch.org.</i>	Contact Hours:	13
Location:	Didi Hirsch Mental Health Services – 10277 W. Olympic Blvd., Los Angeles, CA 90067		
Topic:	Applied Suicide Intervention and Skills Training (ASIST)		
Instructor(s) Information:	<p>Sandri Kramer, Director of Community Relations at Suicide Prevention Center Sandri Kramer, a founding member of the Los Angeles Suicide Prevention Network (LASPN), has over 25 years of experience in suicide prevention/intervention and crisis center work. Now, as Didi Hirsch’s Director of Community Relations, she focuses on Program Development, Community Partnerships, and Public Awareness/Training. After many years of grassroots work with law enforcement partners, overseeing the launch of LAPD’s 911 call diversion project is one of her proudest achievements. She is also currently working on expanding SPC’s role in emergency management as a core center of the national Disaster Distress Helpline, strengthening and expanding the center’s collaborative partnerships with numerous law enforcement agencies, and the implementation and growth of the 988 Crisis Lifeline. She serves on numerous coalitions and task forces, including as vice-president on the Board of Directors for the National Association of Crisis Organization Directors (NASCOD), as a member of the Board of the Emergency Network Los Angeles (ENLA), as an original member of the LA Mayor’s Challenge Team on Suicide Prevention for Service Members, Veterans, and their Families, as a lead trainer for CopLine, and as a member of LA’s Office of Violence Prevention (OVP) Community Partnership Council.</p> <p>Nathan Lichtman, MSW, Training & Outreach Program Manager at Suicide Prevention Center Nathan Lichtman (he/him/his) began his crisis line journey as a volunteer in 2017, after losing a close friend to suicide in 2008. Since then, he has served the Didi Hirsch Suicide Prevention Center as a Shift Supervisor and now as the Training and Volunteer Coordinator. Supervising the Training Team, he oversees all volunteer recruitment, training, retention, and appreciation. He is also an ‘on-call’ manager for the crisis line. Nathan serves as an International Council for Helplines accreditor, and he is also an ASIST trainer. Additionally, he serves as peer facilitator for Survivors After Suicide, Didi Hirsch’s suicide loss bereavement support group. He has been a speaker at previous AAS conferences, CrisisCon, and the California Mental Health Advocacy for Children and Youth Conference. He is a sought-after presenter on suicide prevention and volunteer engagement topics, with presentations to the L.A. County Department of Mental Health + UCLA Wellbeing for L.A. Learning Center, the Los Angeles Veterans Collaborative, NAMI, universities/schools, and many other organizations. Nathan is a deeply-rooted ally for oppressed populations, and strongly believes in countering injustice. He graduated with distinction with his MSW from Arizona State University, and he lives in Los Angeles with his spouse and their young daughter.</p>		
Target Audience:	Psychologists, Licensed Clinical Social Workers, Licensed Marriage and Family Therapists, MFTis, ASWs, psychiatrists, Care Coordinators, volunteers, Master’s level students, psychology interns and psychology practicum students, substance abuse counselors, RNs/LVNs and other mental health professionals who want to understand the most updated information and best practices.		
Purpose:	Applied Suicide Intervention Skills Training (ASIST) is a two-day intensive, interactive and practice-dominated course designed to teach a method for intervening to prevent the immediate risk of suicide. It is considered to be one of the most widely used suicide intervention training workshops in the world, given its		

	ability to reduce suicidality. The intervention model, described as “suicide first aid”, provides information on suicide risk assessment, the development of safety plans and the utilization of community supports. Emphasis is placed on the importance of collaboration with the person with thoughts of suicide in responding to their unique needs. <i>The instructional level of this training is intermediate.</i>
Learning Objectives:	<p>Participants will be able to:</p> <ul style="list-style-type: none"> • Discuss the focus of ASIST as suicide first aid • Describe the extent of frequency of suicides • Describe the prevalence of reported and unreported suicides • Describe how personal beliefs and attitudes can affect suicide interventions • Summarize the main components of the Pathway for Assisting Life intervention model • List risk factors that may contribute to someone having thoughts of suicide • List the six needs of a person with thoughts of suicide as described in the Pathway for Assisting Life intervention model • List the basic caregiver tasks as described in the Pathway for Assisting Life intervention model • Explain the importance of asking people directly about thoughts of suicide • Utilize interviewing strategies to identify a person with thoughts of suicide • Utilize strategies to assist people in discussing their story related to thoughts of suicide • Utilize strategies to develop a plan to increase safety for a person with suicidal thoughts from suicidal behavior for an agreed amount of time • Utilize strategies for confirming an action plan to keep a person safe related to thoughts of suicide • Explain how role choices may impact the way in which assistance is provided to a person with thoughts of suicide for suicide • Explain how community resources can benefit a person with thoughts of suicide • Describe the value of personal support networks for persons with thoughts of suicide • Explain the value of self-care strategies for someone working with persons with suicidal thoughts
Fee and Refund/ Cancellation Policy:	<p>\$300</p> <p>A full refund is available if cancellation is made at least 72 hours before the training start date. If cancellation is made (via email to the Training Director) less than 72 hours prior to course start date <u>no</u> refund will be made. Refunds will be automatically issued to the original form of credit card payment.</p> <p>All trainings are subject to cancellation. In the event of a cancellation participants will be notified at the earliest possible date and will receive a full refund.</p> <p>For inquiries regarding refunds, contact the Training Director, Giselle Collins at gcollins@didihirsch.org.</p>
Registration:	Registration is through the Didi Hirsch Academy website: https://academy.didihirsch.org/courses/asist-training-live-event . For questions regarding registration, please contact Giselle Collins, Ph.D. at gcollins@didihirsch.org .

Didi Hirsch MHS is approved as a continuing education award sponsor by the following accrediting organizations:

- Course meets the qualifications for 13 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences (CAMFT Provider #125787). Didi Hirsch Mental Health Services is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Didi Hirsch Mental Health Services maintains responsibility for this program/course and its content.
- Didi Hirsch Mental Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists. Didi Hirsch Mental Health Services maintains responsibility for this program and its content.
- California Board of Registered Nursing, provider #CEP14799 for 13 contact hours.
- Provider approved by CCAPP-EI, Provider Number 5-15-237-0825 for 13 CEHs.

Continuing Education Credit will be offered for this training. Continuing Education Credit will only be offered to those individuals who arrive on time (within the first 15 minutes of the start time) and stay for the duration of the training. There will be no partial credit. Continuing Education contact hours will not be provided for lunch and break times.

There is no commercial support for this continuing education seminar.

Seminars are coordinated by Giselle Collins, Training Director at GCollins@didihirsch.org. If you have any questions, concerns or grievances regarding this seminar or our continuing education program, please contact Giselle Collins, Training Director at GCollins@didihirsch.org. When possible, arrangements can be made to accommodate participants with special needs, please contact Tara Palacios - tpalacios@didihirsch.org for more information. Continuing Education Award certificates will be distributed within a week after the seminar is completed.