



# Applied Suicide Intervention Skills Training

Two-day workshop in suicide intervention skills

Learn and practice a life-saving suicide intervention model

Widely used by professionals and the general public

***ASIST is an interactive workshop in suicide first aid***

***ASIST teaches participants to recognize when someone may be having thoughts of suicide, and how to create a plan that will support their immediate safety***

***ASIST is open to anyone over the age of 16 and participants do not need formal training***

**Thresholds will be offering the ASIST Workshop on the following dates in 2023:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Month | January | March | May | July | September | November |
| Dates | 12/13 | 9/10 | 11/12 | 13/14 | 7/8 | 9/10 |

**Location:** Thresholds Homes and Supports Inc. 236 Victoria St. N. Kitchener ON N2H 5C8

**Time:** 8:30am – 4:30pm

**Cost:** $175.00

**Lunch:** 1 hour – not provided

**RSVP:** Contact Thresholds Homes and Supports Inc. to register (space is limited)

[jwright@thresholdssupports.ca](mailto:jwright@thresholdssupports.ca)

519-742-3191 ext.1240

**Please Note:** You must be present for both days in order to receive a Certificate.

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