

**Learn the skills to help save a life.**

**Suicide is preventable. Anyone can make a difference.**

Attend the award-winning ASIST workshop and learn to:

• recognize people at risk of suicide,

• talk to them, hear their stories, and understand their situations, then

• help them stay safe with a life-affirming intervention.

The two-day ASIST (Applied Suicide Intervention Skills Training) workshop is open to anyone 16 or older. Widely used by both professionals and the general public, ASIST offers something to every participant, no matter how experienced.

**Why take ASIST?**

**LIFE-SAVING**: Anyone can experience thoughts of suicide. By giving participants the skills to help friends, family members, colleagues, and clients stay alive, ASIST supports suicide-safer communities.

**TRUSTED:** ASIST is the most widely used suicide intervention training workshop in the world. Over 100,000 people attend ASIST each year in more than 30 countries.

**ENGAGING:** ASIST is a dynamic, hands-on workshop that uses adult learning principles. It includes presentations, discussions, and audiovisuals, plus simulations to practice intervention skills.

**PROVEN:** ASIST works. A major 2013 study showed that the ASIST intervention process significantly reduces thoughts of suicide and helps people at risk feel more hopeful about living.

**COST-EFFECTIVE:** A 2015 RAND Corporation study found that for every $1 spent on the ASIST program in California, the state government would save $50 in medical expenses and associated costs.

* Disclaimer: This workshop does not guarantee that you will be able to prevent suicide.
* Fees: $250.00 + (HST $32.50) = $282.50 adult $225.00 + (HST $29.25) = $254.25 student

Includes: work book, wallet card, certificate\*\*, community resource list, name tags, minimum 2 certified trainers and an opportunity to network with other ASIST trained caregivers.

\*\*Certificates will only be issued to participants that complete the full 2-day workshop.

* Full payment to be paid upon registration.

Cancellations and refunds:

* Refund, less a $50.00 administration fee, will be returned when a written request is received 3 weeks prior to the date of workshop.
* No refund for non-attendance and for incompletion of the full 2-day workshop.
* Registration may be transferred to another participant; both days must be attended by the same participant.
* Should the workshop be cancelled by the trainers, a full refund will be made or registration can be moved to a future ASIST workshop.

Any questions, please contact me at (613) 327-3687 or email a\_warren@outlook.com

Thank you,

Angela Warren

LivingWorks Certified Trainer





**Registration Form**

**Please complete and return to Angela Warren at** a\_warren@outlook.com

Date of ASIST workshop:



Participant’s Full Name (as it would appear on the certificate)



(If you are registering on behalf of a participant, please indicate their name here.)

Street Address: City:

 

(Please include suite or apartment number if applicable.)

Province: Postal Code:

 

Organization (if applicable)



Phone Email

 

Place an “X” in the appropriate box.

 Adult Rate - $ 282.50 Student Rate - $ 254.25

  Student ID#



Select payment option:

[ ] E-transfer funds to a\_warren@outlook.com

[ ] Electronic Funds Transfer for agencies only through request.

[ ] Cheque payable to Angela Warren

[ ] Credit Cards\*: Visa & Mastercard (Invoice will be sent from Leaves of Hope)

\*Additional 4% transaction fee

**I have read and agreed to all the conditions outlined in the**

**Information Sheet above. Please initial box below.**



* Payment receipt will be emailed.
* All personal information will remain confidential.

Should you have any issues with completing the registration form, please contact

Angela Warren at (613) 327-3687 to complete registration via telephone.

*Thank you for helping create suicide-safer communities.*