

Applied Suicide Intervention Skills Training

* Two-day workshop in suicide intervention skills
* Learn and practice a life-saving suicide intervention model
* Widely used by professionals and the general public

***ASIST is an interactive workshop in suicide first aid.***

***ASIST teaches participants to recognize when someone may be having thoughts of suicide, and how to work with them to create a plan that will support their immediate safety.***

***Although ASIST is widely used by healthcare providers, participants do not need formal training to attend - ASIST is open to anyone over the age of 16.***

**FOCUS:** Suicide intervention training

**DURATION:** Two days (15 hours)

**PARTICIPANTS:** 16 years of age or older

**SAFETY:** Must have two COVID vaccinations

**TRAINERS:** Two Trainers registered by Living Works

**Dates:** June 29, 30, 2022

**Location:** Victoria Hills Community Centre

10 Chopin Drive, Kitchener ON N2N 2G2 –Room 3

Free Parking on site

Lunch not provided

**Start and End Times:** 8:45am – 4:30pm (both days)

**Registration:** Contact Thresholds Homes and Supports: 519-742-3191

**Cost:** $175.00 E-transfers preferred. Email: [tlewis@thresholdssupports.ca](mailto:tlewis@thresholdssupports.ca) (Receipts provided)