For more information about this training, email Tony Watkins at aawatkins@campbellsville.edu

The CU-Well Counseling Center and Student Services of

Campbellsville University

**PRESENTS**

Suicide First Aid Training

**Applied Suicide Intervention Skills Training (ASIST)**

**Dec 1- 2, 2021**

**8:30 a.m. - 4:30 p.m. ET (Each day)**

TBA-Location will be on Main Campus

ASIST is a two-day – in-person - interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don’t need any formal training to attend the workshop—ASIST can be learned and used by anyone.

## Training objectives:

* Understand the ways that personal and societal attitudes affect views on suicide and interventions
* Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
* Identify the key elements of an effective suicide safety plan and the actions required to implement it
* Appreciate the value of improving and integrating suicide prevention resources in the community at large
* Recognize other important aspects of suicide prevention including life-promotion and self-care

## This training is being offered at no cost by the CU-Well Counseling Center and Student Services of Campbellsville University

 **Click** <https://forms.office.com/r/pGBgZJ7j0U> **to register now online.**