 **ASIST
ASIST: A**pplied **S**uicide **I**ntervention **S**kills **T**raining is a two-day, interactive workshop that prepares caregivers to provide suicide life-assisting first-aid intervention. This workshop is open to all caregivers, formally designated or not; adults and youth 16 plus.

By the end of this workshop, participants will be better able to:

* Identify people who have thoughts of suicide
* Understand how beliefs and attitudes can affect suicide interventions
* Understand the story of a person thinking of suicide as well as recognize turning points that connect the person to life rather than death
* Conduct a safety assessment and develop a plan that will keep the person thinking of suicide stay safe for now
* Confirm the person thinking of suicide’s faith in the safe-plan and their intent to follow it through.

**The role of ASIST in a Suicide-Safer Community:**

**ASIST** caregivers complete the process that safeTALK helpers start, providing life assisting, suicide first-aid intervention.

*“I use* ASIST *in virtually every crisis situation, in both of my roles as a volunteer and employee…thank you for this life changing program.”*

–ASIST PARTICIPANT

**Workshop will be held August 13-14, 2020 from 9:00-4:30 at Fort George Baptist Church, 1600 Johnson St., Prince George, BC.**

**Facilitated by Josiah Barton of YFC PG/Youth Unlimited and Sandra Boulianne of the Crisis Centre for Northern BC. For further information or to register, please contact Josiah at** **josiah@princegeorgeyfc.ca** **or by phone: 250-640-2435 call or text**

