



LANTERN OF LIGHT

FAITH-BASED SUICIDE PREVENTION MINISTRY

"The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned!" Isaiah 9:2

Suicide is recognized as a serious community health problem worldwide. How can further deaths and injuries be prevented? How can we support people to choose life when something prevents them from seeing a way forward? This suicide alertness training will teach skills to help make a life-saving connection that will support people to choose life.



safeTALK Training

4-hour interactive, practical, practice-oriented workshop

- Move beyond the stigma & common tendencies to miss or dismiss suicide
- Recognize invitations for help in people who have thoughts of suicide
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe)
- Link people with community resources
- 3 Continuing Education Units through CEUnits, approved provider for Nursing, NASW, APA, NBCC and LMFTs



When: February 8, 2020, 9am-1pm

Where: Star of David - 1130 6th, Modesto CA 95354

Fee: \$20.00 for safeTALK materials, snacks & lunch

Registration: <https://miwuk.churchcenter.com/registrations/events/350525>

Make checks payable to Word of Life Fellowship, with "safeTALK" in the memo line.

Additional Information:

Cynthia Halman: (209) 559-0840, lanternoflight365@gmail.com

Kim Garro: (209) 247-7406, lanternoflight365@gmail.com

Cynthia Halman has a Master's Degree in Social Work and is a Licensed Clinical Social Worker. She has a Pupil Personnel Services Credential and works as an elementary school counselor. She also works as a Hospice Social Worker. She provides care, respect and counseling to multi-cultural, diverse individuals and families who are dealing with difficult life situations. Cynthia has been a LivingWorks Education Trainer for ASIST since 2010, a LivingWorks Education Trainer for safeTALK since 2013, and trained in LivingWorks Suicide to Hope in 2016. Cynthia is co-founder of Lantern of Light, a faith-based suicide prevention ministry.

Kim Garro is an Independent Certified Christian Coach with the John Maxwell Team since 2017. She has specialized in 12-step recovery programs such as Celebrate Recovery, Alcoholic Anonymous, Al-Anon and Alateen since 2013. She coaches and mentors people who are struggling to overcome life's hurts, difficulties and addictions, helping them realize their God-given potential. Kim is also a Notary Signing Agent and has been a LivingWorks Education Trainer for safeTALK & ASIST since 2019. Kim is co-founder of Lantern of Light, a faith-based suicide prevention ministry.