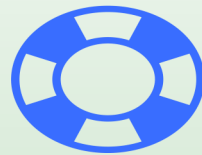


Applied Suicide Intervention Skills Training



ASIST TRAINING SPONSORS



**American
Foundation
for Suicide
Prevention**



ASIST
Applied Suicide Intervention Skills Training



DATE: February 18 & 19, 2020

TIME: 8:00 a.m.—4:30 pm

WHERE: Worcester County Health Dept.
6040 Public Landing Road
Snow Hill, MD 21863
Room 165-166

COST: FREE

***ATTENDANCE is REQUIRED FOR
BOTH DAYS to RECEIVE
CERTIFICATION and CEU's.***

Continental Breakfast & Lunch provided

CEU's available for Social Workers and
Professional Counselors

“Create a life-assisting community”

ASIST is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, *participants don't need any formal training to attend the workshop.*

LEARNING GOALS/OBJECTIVES:
Over the course of their 2 day workshop, ASIST participants learn to:

- Understand the ways that personal and societal attitudes affect views on suicide and interventions
- Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
- Identify the key elements of an effective suicide safety plan and the actions required to implement it
- Appreciate the value of improving and integrating suicide prevention resources in the community at large
- Recognize other important aspects of suicide prevention including life promotion and self-care

Workshop Features:

- Presentations and guidance from 2 LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audiovisual learning aides
- Group Discussions
- Skills practice and development
- A balance of challenge and safety

TRAINERS:

- **Donna Leffew, MA, NCC, LCPC**
Life Crisis Center
- **Monica Martin, LCSW-C**
Worcester County DSS

ASIST: A Living Works Program

Since it's development in 1983, ASIST has received regular updates to reflect improvements in knowledge and practice, and over 1,000,000 people have taken the workshop. Studies show that the ASIST method helps reduce suicidal feelings in those at risk and is a cost effective way to help address the problem of suicide.

Visit www.livingworks.net for more information about ASIST.

TO REGISTER:

Email: monica.martin2@maryland.gov

Mail:
Monica Martin
Worcester County DSS
299 Commerce Street
Snow Hill, MD 21863

IF you have any questions you can contact Monica Martin (410)632-9915 x173.

PARTICIPANTS MUST BE ABLE TO ATTEND THE FULL 2 DAY TRAINING. Early registration recommended. Space is limited.

(Deadline is February 11, 2020)

Name: _____

Contact#: _____

Address: _____

City: _____

State/Zip Code: _____

Email: _____