

Arpeggio Health Services

Upcoming Training Sessions

See our most up-to-date training schedule and register online at www.arpeggiohealthservices.com.
Follow us on Facebook at facebook.com/arpeggiohealthservices.

NEW BRUNSWICK

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, December 16 & 17, 2019

9:00 a.m. - 4:30 p.m. both days

Fredericton Inn | Salon C

1315 Regent Street | Fredericton, NB

Registration deadline: Monday, December 9 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$199.00 per person + 15% HST = \$228.85 TOTAL

Mental Health First Aid Basic Training (12 hours)

Thursday & Friday, January 23 & 24, 2020

9:00 a.m. - 4:30 p.m. both days

Holiday Inn Express & Suites | Parrtown Room

400 Main Street | Saint John, NB

Registration deadline: Friday, January 17 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

The Mentally Healthy Workplace (3 hours)

Tuesday, January 28, 2020

9:00 a.m. - 12:00 p.m.

Holiday Inn Express & Suites | Martello Room

400 Main Street | Saint John, NB

Registration deadline: Wednesday, January 22 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

Mental Health First Aid Basic Training (12 hours)

Thursday & Friday, March 26 & 27, 2020

9:00 a.m. - 4:30 p.m. both days

Fredericton Inn | Salon F

1315 Regent Street | Fredericton, NB

Registration deadline: Friday, March 20 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

Mental Health First Aid Training: Adults who Interact with Youth (14 hours)

Monday & Tuesday, March 30 & 31, 2020

8:30 a.m. - 5:00 p.m. both days

Days Inn | Hopewell Room

2515 Mountain Road | Moncton, NB

Registration deadline: Tuesday, March 24 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$229.00 per person + 15% HST = \$263.35 TOTAL

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, April 6 & 7, 2020

9:00 a.m. - 4:30 p.m. both days

Holiday Inn Express & Suites | Martello Room

400 Main Street | Saint John, NB

Registration deadline: Tuesday, March 31 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

The Mentally Healthy Workplace (3 hours)

Tuesday, April 7, 2020

9:00 a.m. - 12:00 p.m.

Fredericton Inn | Salon C

1315 Regent Street | Fredericton, NB

Registration deadline: Wednesday, April 1 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

The Mentally Healthy Workplace (3 hours)

Wednesday, April 8, 2020

9:00 a.m. - 12:00 p.m.

Days Inn | Hopewell Room

2515 Mountain Road | Moncton, NB

Registration deadline: Thursday, April 2 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

The Mentally Healthy Workplace (3 hours)

Thursday, April 9, 2020

9:00 a.m. - 12:00 p.m.

Holiday Inn Express & Suites | Martello Room

400 Main Street | Saint John, NB

Registration deadline: Friday, April 3 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, April 27 & 28, 2020

9:00 a.m. - 4:30 p.m. both days

Days Inn | Hopewell Room

2515 Mountain Road | Moncton, NB

Registration deadline: Tuesday, April 21 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

Mental Health First Aid Basic Training (12 hours)

Wednesday & Thursday, December 11 & 12, 2019

9:00 a.m. - 4:30 p.m. both days

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Wednesday, December 4 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$199.00 per person + 15% HST = \$228.85 TOTAL

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, March 9 & 10, 2020

9:00 a.m. - 4:30 p.m. both days

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Tuesday, March 3 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

The Mentally Healthy Workplace (3 hours)

Tuesday, April 21, 2020

9:00 a.m. - 12:00 p.m.

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Wednesday, April 15 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

safeTALK Suicide Alertness Training (3½ hours)

Tuesday, April 21, 2020

5:00 - 8:30 p.m.

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Wednesday, April 15 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$69.00 per person + 15% HST = \$79.35 TOTAL

Mental Health First Aid for Seniors Training (14 hours)

Wednesday & Thursday, April 22 & 23, 2020

8:30 a.m. - 5:00 p.m. both days

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Thursday, April 16 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$229.00 per person + 15% HST = \$263.35 TOTAL

Mental Health First Aid Basic Training (12 hours)

Tuesday & Wednesday, April 28 & 29, 2020

9:00 a.m. - 4:30 p.m. both days

Best Western Glengarry | MacLeod Room

150 Willow Street | Truro, NS

Registration deadline: Wednesday, April 22 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

Mental Health First Aid Basic Training (12 hours)

Wednesday & Thursday, May 13 & 14, 2020

9:00 a.m. - 4:30 p.m. both days

Future Inn | Maple Room

30 Fairfax Drive | Halifax, NS

Registration deadline: Thursday, May 7 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

PRINCE EDWARD ISLAND

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, February 3 & 4, 2020

9:00 a.m. - 4:30 p.m. both days

Charlottetown Inn & Conference Centre | Cabot Room

238 Grafton Street | Charlottetown, PE

Registration deadline: Tuesday, January 28 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

Mental Health First Aid Basic Training (12 hours)

Thursday & Friday, April 2 & 3, 2020

9:00 a.m. - 4:30 p.m. both days

Charlottetown Inn & Conference Centre | Cabot Room

238 Grafton Street | Charlottetown, PE

Registration deadline: Friday, March 27 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

The Mentally Healthy Workplace (3 hours)

Wednesday, May 13, 2020

1:00 - 4:00 p.m.

Charlottetown Inn & Conference Centre | Cabot Room

238 Grafton Street | Charlottetown, PE

Registration deadline: Thursday, May 7 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

safeTALK Suicide Alertness Training (3½ hours)

Wednesday, May 13, 2020

5:00 - 8:30 p.m.

Charlottetown Inn & Conference Centre | Cabot Room

238 Grafton Street | Charlottetown, PE

Registration deadline: Thursday, May 7 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$69.00 per person + 15% HST = \$79.35 TOTAL

NEWFOUNDLAND

Mental Health First Aid Basic Training (12 hours)

Monday & Tuesday, March 23 & 24, 2020

9:00 a.m. - 4:30 p.m. both days

Sandman Signature St. John's Hotel | Trinity Room

227 Kenmount Road | St. John's, NL

Registration deadline: Tuesday, March 17 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$209.00 per person + 15% HST = \$240.35 TOTAL

Mental Health First Aid Training: Adults who Interact with Youth (14 hours)

Wednesday & Thursday, April 29 & 30, 2020

8:30 a.m. - 5:00 p.m. both days

Sandman Signature St. John's Hotel | Trinity Room

227 Kenmount Road | St. John's, NL

Registration deadline: Thursday, April 23 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$229.00 per person + 15% HST = \$263.35 TOTAL

The Mentally Healthy Workplace (3 hours)

Wednesday, May 6, 2020

1:00 - 4:00 p.m.

Sandman Signature St. John's Hotel | Trinity Room

227 Kenmount Road | St. John's, NL

Registration deadline: Thursday, April 30 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$139.00 per person + 15% HST = \$159.85 TOTAL

safeTALK Suicide Alertness Training (3½ hours)

Wednesday, May 6, 2020

5:00 - 8:30 p.m.

Sandman Signature St. John's Hotel | Trinity Room

227 Kenmount Road | St. John's, NL

Registration deadline: Thursday, April 30 at 5:00 p.m. (earlier if all 30 seats fill)

Course fee: \$69.00 per person + 15% HST = \$79.35 TOTAL

Mental Health First Aid for Seniors Training (14 hours)

Thursday & Friday, May 7 & 8, 2020

8:30 a.m. - 5:00 p.m. both days

Sandman Signature St. John's Hotel | Trinity Room

227 Kenmount Road | St. John's, NL

Registration deadline: Friday, May 1 at 5:00 p.m. (earlier if all 25 seats fill)

Course fee: \$229.00 per person + 15% HST = \$263.35 TOTAL

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PLEASE NOTE: All course fees are subject to the rate of Harmonized Sales Tax set by the province in which each training session takes place. Arpeggio Health Services' Registered HST number (Canada Revenue Agency tax number) will be cited on receipts.

Register online at www.arpeggiohealthservices.com (payment can be submitted through PayPal, any major credit card or Visa Debit). Alternatively, email us at info@arpeggiohealthservices.com to request an electronic invoice which can be paid directly by credit card. Please note that we are unable to reserve seats without payment in full.

Interested in bringing one of our trainings to your workplace or community group? Contact us at info@arpeggiohealthservices.com for availability and a detailed quote. Customized education sessions, psychological health and safety consulting services and professional speaking services for your next conference/event are also available.



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