



Make A Connection

Help Save a Life

Suicide is preventable. Anyone can make a difference.

\$75 Value

FREE safeTALK Workshops

Aug 28, 2019

9:00am-12:30pm

Chester Wellness Center
372 Main St.
Chester CA

Sep 5, 2019

9:00am-12:30pm

Greenville Wellness Center
414 Main St.
Greenville CA

Sep 10, 2019

9:00am-12:30pm

Eastern Plumas Health Care
Education Center
500 1st Ave. Portola CA

Register online: www.plumasruralservices.org/safetalk

- Half-day training on suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

safeTALK works

Studies show that participants gain confidence:

- ☑ Asking people about suicide directly
- ☑ Connecting them to life-saving resources
- ✓ Keeping them safe until those resources take over

Learn more about safeTALK and see the evidence at

https://www.livingworks.net/evidence

For more details contact:

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www.PlumasRuralServices.org

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