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**A one-day workshop designed for professional helpers**

**who work with persons who are struggling with suicide on a long-term basis.**

Suicide to Hope is not a crisis intervention workshop. It is for professional helpers working with

people who have been previously at risk, continue to struggle with thoughts of suicide, and who

are currently safe from acting upon those thoughts.

This training provides tools to help professional helpers and persons with experience of suicide who

are ready to move forward to develop achievable and significant recovery and growth goals.

**Cost: $150.00 per participant**

**DATE:** Friday October 11, 2019

**TIME:** 8:30 am – 4:30 pm

**LOCATION:** Stanley Park Zehrs Community Room

1005 Ottawa St N, Kitchener ON N2A 1H1

**Register by calling Thresholds Homes and Supports:**

**519-742-3191 Ext. 100**

**Leave a message with your name, contact number AND email address.**

**\*\*Registration will be confirmed by email\*\***

**Why Recovery and Growth?**

Recovery and growth approaches have demonstrated positive impacts in mental health,

substance abuse, and trauma. Living Works has developed suicide to Hope providing professional helpers with skills to help persons previously at risk Identify opportunities for recovery and growth arising out of experiences with suicide.



