



Applied Suicide Intervention Skills Training

Facilitated by Michelle Graeber (CEO) and Renee Tsatsis (Helpline Coordinator)

ASIST is the most widely used suicide intervention model in the world. In this 2 day interactive workshop, learn how to:

- Reflect on how your attitudes and beliefs about suicide affect your intervention role
- Discuss suicide with a person thinking about suicide in a clear and direct manner
- Build a collaborative approach to intervention focused on safe outcomes
- Review immediate suicide risk and develop appropriate safeplans
- Recognize that suicide prevention is broader than suicide first aid and includes life promotion and self care for caregivers

ASIST is run by registered LivingWorks trainers and uses internationally standardized learning materials.

2019 Dates:

Thursday 20th & Friday 21st June

Friday 16th & Saturday 17th August

Friday 6th & Saturday 7th September

Thursday 17th & Friday 18th October

Thursday 5th & Friday 6th December

Time: 9.30am-5.30pm both days (it is a requirement to attend **both full days**)

Venue: ARCVic, 292 Canterbury Road, Surrey Hills

Fee: \$385 / \$330 ARCVic Members

For further information or to register contact the
ARCVic Office – 9830 0566 or Helpline – 9830 0533 / 1300 269 438
email - rtsatsis@arcvic.org.au web: www.arcvic.org.au